



## AS YOU GET READY TO HIT THE ROAD, BRUSH UP ON OUR GENERAL SAFETY PRO TIPS TO HELP KEEP YOU SAFE AS YOU MOVE ABOUT



**PLANNING YOUR TRIP:** Even the best-laid plans can go awry. Make sure you know how to pivot your itinerary at every stage of your trip if Mother Nature – or anything else unexpected – interrupts your plans, especially in a COVID world.

Always do your homework before you head out on a trip. Use [Travel Vitals™](#) to get up to date on the latest happenings like travel restrictions, quarantine mandates, personal protective equipment requirements, service disruptions, testing documentation, vaccine status, and more. Remember to research the unique requirements for each leg of your trip if you're visiting multiple cities or countries along the way.



**CHOOSING AN AIRLINE:** When choosing an airline, it may also be worth comparing the safety precautions that airlines have in place. Do they require personal protective equipment? Do they prevent flights from being booked to full capacity? These little changes

can make a big difference when it comes to your safety. After you've decided on an airline, be sure to have your own personal protective equipment and disinfectant on hand to help keep your flight as sanitary as possible.



### **OPTING FOR GROUND TRANSPORTATION:**

If you're uneasy about air transportation, ground transportation can be a great alternative. By comparison, it can dramatically limit your exposure and person-to-person contact, especially if you travel in your own vehicle. If you use a car rental service, disinfect high-touch areas if it makes you feel more comfortable. If you opt for bus and rail transit, be mindful that they are still considered public transportation and may require extra levels of caution.



## TRAVELER PRO TIPS: GENERAL SAFETY



**CONSIDERING PUBLIC TRANSPORTATION:** Public transportation can be an affordable and efficient means to get around. However, traveling with high volumes of other passengers will likely increase your risk of exposure. Before boarding public transportation, be sure that your personal protective equipment is out and ready for use, even if you are fully vaccinated or tested negative. You may also wish to employ your own disinfectant to sanitize high-touch areas if it makes you feel more comfortable. Additionally, opt for the shortest and most direct route to limit your time onboard. Be familiar with your route to avoid wrong turns or mistakes that may increase your travel time.



**BOOKING HOTEL:** When selecting lodging, additional features that may benefit you include mobile check-in/checkout and touchless room entry to limit your person-to-person contact.



For more helpful travel tips, visit [Travel Vitals™](#) to stay up to date on the latest travel information like travel restrictions, required personal protective equipment, and quarantine mandates before you step out the door.

Make sure you also download the **Amex GBT Mobile app** to get the most out of all the services available from **American Express Global Business Travel**.