



## IN SEARCH OF HELPFUL INFORMATION BEFORE YOU HIT THE ROAD?

REVIEW THESE TIPS, DESIGNED TO HELP YOU KEEP SAFE AS YOU GET ROLLING.

### Before your journey



**BEFORE YOU LEAVE:** Confirm your route to avoid mistakes that may increase travel time. More time spent in a vehicle means more opportunities for exposure. If possible, try to plan your transit time so that you avoid peak travel hours. Regardless of crowding, be sure to have masks, gloves, hand sanitizer, or other personal protective supplies to last the duration of your trip, even if you are fully vaccinated or tested negative. When boarding, aim to handle your own luggage to reduce hand-to-hand contact with your belongings. Once on board, you may wish to refrain from consuming food and drink when traveling on public transportation or rely on packed food to reduce the need to make stops when traveling with private transportation.

### Onboard



**BUSES:** When boarding a bus, try an e-ticket. If possible, exit the bus through rear entry doors to maintain a one-way flow of passengers.



**TRAINS:** Purchase an e-ticket ahead of time to avoid personal contact with ticket agents or kiosks. Avoid congested areas when waiting on the train station platform. While boarding the train, hold your own device while your e-ticket is scanned to limit hand-to-hand contact. When seating yourself, look for uncrowded cars. Once in a car, practice social distancing by maintaining recommended space between you and other passengers. When disembarking, refrain from crowding other passengers as you exit the train.



**TAXI AND RIDESHARES:** Try to select vehicles that employ plexiglass partitions to separate the passengers from the driver. Request that the driver ventilate the vehicle as best they can by lowering the windows or not using the air recirculation button on the air conditioning. Additionally, refrain from accepting refreshments from the driver during your trip. When exiting the vehicle, use electronic or touchless payment to avoid hand-to-hand contact.



## TRAVELER PRO TIPS: A SAFER WAY FOR GROUND TRANSPORTATION TRAVEL



**PERSONAL OR RENTAL VEHICLES:** Before your trip begins, you may want to avoid taking on other passengers in your car to allow for adequate social distancing. If booking a rental car, aim for car rental services that have increased and enhanced cleaning protocols. Once you're on your way, roll down the windows for as long as you can or avoid using the air recirculation button to thoroughly ventilate the car. When fueling or parking, use contactless payment and sanitize your hands after touching gas pumps or parking meters, as an added precaution.

### At home



**HEADING HOME:** Once your trip aboard ground transportation is complete, sanitize yourself as soon as you can. Additionally, consider disposing of and replacing your personal protective supplies. Follow your home city or country's requirements around testing and quarantining upon arrival.



For more helpful travel tips, visit [Travel Vitals™](#) to stay up to date on the latest travel information like travel restrictions, required personal protective equipment, and quarantine mandates before you step out the door.

Make sure you also download the **Amex GBT Mobile app** to get the most out of all the services available from **American Express Global Business Travel**.