



### A HOTEL IS YOUR HOME AWAY FROM HOME.

Before you check in, review our tips of traveler pro tips to help maintain your safety while you lodge.



**ARRIVING AT THE HOTEL:** If you drive to the hotel, consider avoiding valet services to limit those in contact with your vehicle. Upon entering the hotel, have your personal protective supplies handy and ready for use. Consider using mobile check-in options to avoid personal contact.



**HANDLING YOUR LUGGAGE:** If you are able, unload your own luggage and transport it to your room. Consider sanitizing your luggage upon arrival, especially if they've been handled by others or you've arrived at the hotel via public transportation or rideshare.



**ARRIVING TO YOUR ROOM:** When heading to your room, avoid crowded elevators or make your way by the stairs. When you arrive to your room, think about bringing your own cleaning supplies to disinfect handles, telephones, remote controls, light switches, fabrics, and other high touch surfaces. If you feel inclined, swap hotel linens and towels for your own. Just be sure to clean them thoroughly upon your return home. Additionally, with your own cleaning supplies in tow, you may also feel comfortable declining housekeeping services to limit traffic to your room.



#### CONSUMING FOOD AND DRINK:

Choose to-go options over sit-down meals. However, if you do choose to be seated at a restaurant, aim for a table outdoors. Look for pre-packaged food and disposable tableware when possible. Avoid buffet or self-serve items. In addition, consider eating at off-peak times to avoid crowds.



#### FITNESS, LAUNDRY, SPA, AND BUSINESS FACILITIES:

Err on the side of caution if you need to make use of the business center, be sure to disinfectant high-touch areas like printers, fax machines, keyboards, and phones. When exercising, consider an open-air workout in an uncrowded area. If you need to launder your clothes, try pick-up services or visit the laundry room at off-peak hours to avoid other guests.



**CHECKING OUT:** When leaving, use mobile check-out options to limit personal interactions. If possible, gather and load your own luggage. Lastly, unless prohibited, forego turning in your key to avoid hand-to-hand contact.

For more helpful travel tips, visit [Travel Vitals™](#) to stay up to date on the latest travel information like travel restrictions, required personal protective equipment, and quarantine mandates before you step out the door.

Make sure you also download the **Amex GBT Mobile app** to get the most out of all the services available from **American Express Global Business Travel**.